

BEST Initiative

2016-2017 Boston Training Calendar www.youthworkcentral.org

Save the dates for our 2016-2017 Boston BEST trainings!

Online registration will open one month prior to the start of each training - our trainings fill up quickly, so please sign up right away! See below for exact dates.

Fees vary by training. Unfortunately, no scholarships are available.

Fall Youth Worker Certificate Training

8 Tuesdays 9:30AM-2:00PM

Sept 27th - Nov 15th

Training Fee: \$450pp**

Registration opens September 6th

****This rate is the Boston Subsidized Rate**

*(only available through Health Resources in Action hosted community trainings thanks to funding from United Way of Mass Bay and Merrimack Valley)***

This eight-session, 32-hour training is based on the nationally recognized Advancing Youth Development curriculum. This training provides participants with grounding in the Positive Youth Development Approach. Participants are introduced to an appropriate common language for discussing youth development, and will explore information about positive youth outcomes, healthy relationships and boundaries, cultural competence, adolescent development, and other critical issues.

Motivational Interviewing for Youth Workers Training

Tuesday, Dec 13th & Wednesday, Dec 14th

Tuesday 9:30-4:00PM, Wednesday 9:30-2:00PM

Training Fee: \$200pp

Registration opens November 7th

This 12-hour interactive training explores Motivational Interviewing as a strategy for working with young people. Motivational Interviewing (MI) refers to a counseling approach developed by clinical psychologists Professor William R. Miller, Ph.D. and Professor Stephen Rollnick, Ph.D. MI is a goal-oriented, client-centered counseling style for supporting behavior change. In this training, we have adapted this counseling style for youth work practitioners working in youth programs. This training is a very hands-on approach to supporting youth, specifically in examining risky or problematic behaviors. Participants will take away tools and activities to use with the young people that they work with.

Youth Work Supervisor Training
4 Tuesdays 9:30AM-2:00PM
Jan 24th - Feb 14th
Training Fee: \$300pp**
Registration opens December 14th

***This rate is the Boston Subsidized Rate
(only available through Health Resources in Action hosted community trainings thanks to funding from
United Way of Mass Bay and Merrimack Valley)***

This four-session, 16-hour training focuses on supervision and program management in youth work. It addresses the roles and responsibilities of supervisors, communication, work relationships, program management, and the specific supervision of youth workers within a youth development framework.

What We Bring: White Youth Workers in Communities of Color Training

NEW OFFERING
Wednesday, Feb 1st, 9:30-4:00PM
Registration opens December 12th
Training Fee: \$125pp

Good youth work requires a strong sense of self on the part of the youth worker, but all too often, whiteness is awkward for white youth workers (and youth) to talk about. This 6-hour training will offer participants room to talk about the challenges of addressing, confronting and embracing their identities as white youth workers, their reasons for working in communities of color, and what they can't and shouldn't bring to the work. Scenarios and other interactive tools will be used to help explore what best practices are in terms of talking with youth about race, addressing power dynamics, building alliances with youth workers of color, and sharing approaches and tools to help navigate challenges that come up in this work.

<<February Vacation Special Edition>>
NEW OFFERING
BOOTCAMP Youth Worker Certificate Training
4 Consecutive Days 9:00AM-5:00PM (daily)
Feb 21st - Feb 24th*
*You must attend each day
Training Fee: \$450pp**
Registration opens January 9th

***This rate is the Boston Subsidized Rate
(only available through Health Resources in Action hosted community trainings thanks to funding from
United Way of Mass Bay and Merrimack Valley)***

This 32-hour training (which will be offered over 4 days) is based on the nationally recognized Advancing Youth Development curriculum. This training provides participants with grounding in the Positive Youth Development Approach. Participants are introduced to an appropriate common language for discussing youth development, and will explore information about positive youth outcomes, healthy relationships and boundaries, cultural competence, adolescent development, and other critical issues.

An Introduction to Disrupting Negative Masculinity Training

NEW OFFERING

Wednesday, Mar 8th, 9:30-4:00PM

Training Fee: \$125pp

Registration opens January 30th

This 6-hour interactive training will encourage participants to explore how sexism, heterosexism and homophobia damages boys and how the messages of masculinity (especially “negative” masculinity) impacts boys. In youth work, it is critical to examine positive principles for boyhood/manhood are to ensure effective strategies are used to help develop healthy and positive relationships with boys.

Supporting Girls Training

NEW OFFERING

Wednesday, Mar 29th 9:30-4:00PM

Training Fee: \$125pp

Registration opens February 27th

This 6-hour training focuses on exploring strategies to positively empower girls. Participants in this training will examine how gender norms in programs often perpetuate unhealthy and unrealistic expectations of girls. This training will encourage participants to share and explore effective strategies and best practices that allow girls to choose appropriate and desirable ways for them to behave, think and act.

Spring Youth Worker Certificate Training

8 Tuesdays 9:30AM-2:00PM

Apr 4th - May 30th*

*skips Apr 18th

Training Fee: \$450pp**

Registration opens February 27th

*****This rate is the Boston Subsidized Rate***

(only available through Health Resources in Action hosted community trainings thanks to funding from United Way of Mass Bay and Merrimack Valley)**

This eight-session, 32-hour training is based on the nationally recognized Advancing Youth Development curriculum. This training provides participants with grounding in the Positive Youth Development Approach. Participants are introduced to an appropriate common language for discussing youth development, and will explore information about positive youth outcomes, healthy relationships and boundaries, cultural competence, adolescent development, and other critical issues.

Positive Behavior Management Training

NEW OFFERING

Wednesday, May 24th, 9:30-4:00pm

Registration opens April 10th

Training Fee: \$125pp

This 6-hour training focuses on youth workers' role in deescalating behavioral situations with youth using an asset-based approach. This training will help participants practice probing techniques to understand the underlying issues motivating youth's behavior. Participants will explore individual practices and appropriate behavior management strategies that help promote positive behavior.

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